

CLARKTON

OCTOBER 2019 LUNCH MENU

Sep 25, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 MEATBALL SUB POTATO CHIPS BROCCOLI W/CHEESE FRUIT MILK	2 SLICED TURKEY MASHED POTATOES GREEN BEANS ROLL FRUIT MILK	3 CHICKEN SOFT TACO CORN REFRIED BEANS FRUIT MILK	4 TUNA SALAD SANDWICH POTATO CHIPS CARROT STICKS FRUIT MILK
7 WHITE BEANS SLICED HAM STEWED POTATOES CABBAGE CORNBREAD FRUIT MILK	8 CHICKEN BACON RANCH SUB LETTUCE & TOMATO BROCCOLI W/CHEESE FRUIT MILK	9 BEEF AND GRAVY MASHED POTATOES GREEN BEANS ROLL FRUIT MILK	10 LASAGNA GARLIC SALAD CORN BREADSTICK FRUIT MILK	11 GRILLED CHEESE POTATO CHIPS GREEN PEAS SLICED PICKLES FRUIT MILK
14 HOT DOG ON A BUN TATER TOTS CARROTS FRUIT MILK	15 BEEF TACO LETTUCE & TOMATO PINTO BEANS FRUIT MILK	16 PORK ROAST AU GRATIN POTATOES BROCCOLI W/CHEESE ROLL FRUIT MILK	17 PIZZA CORN TOSSED SALAD SALAD DRESSING FRUIT MILK	18 NO SCHOOL TODAY
21 GRILLED PIZZA SANDWICH CARROT STICKS GREEN BEANS FRUIT MILK	22 HAMBURGER STEAK MASHED POTATOES GARLIC SALAD GARLIC TOAST FRUIT MILK	23 GRILLED CHICKEN BAKED POTATO BROCCOLI W/CHEESE ROLL FRUIT MILK	24 CHICKEN, CHEESE & RICE REFRIED BEANS FLOUR TORTILLA SALSA FRUIT MILK	25 TURKEY & CHEESE WRAP LETTUCE & TOMATO CORN BROWNIES FRUIT MILK
28 CHICKEN STIR-FRY FRIED RICE BROCCOLI SUGAR BISCUITS FRUIT MILK	29 CHILI CHEESE STICK CRACKERS CARROTS FRUIT MILK	30 MEAT LOAF MASHED POTATOES GREEN BEANS ROLL FRUIT MILK	31 BBQ PORK ON BUN BAKED BEANS COLESLAW FRUIT MILK	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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